

The MOCKINGBIRD

All-Parish Newsletter | January 2020



Come and enjoy music and merriment as the Saint Barnabas chamber choir and friends help celebrate the close of the Christmas season at this year's *Twelfth Night* Concert. This year, we will feature Christmas carol favorites, works for a 4-hand piano, our signature rendition of "The Twelve Days of Christmas", and other pieces that are sure to uplift and enthuse. Join us! For more information and to purchase tickets, visit:



COMING TO PEACE: MIND, BODY, & SPIRIT | SATURDAY, FEBRUARY 22

A Day of Retreat, Reflection, Learning, & Fellowship at Saint Barnabas with Br. Michael Gallagher, OSB | 8:15-8:45am Registration & Continental Breakfast 8:45am-4pm Program [note new start time], inc. lunch / 4-5pm Fellowship | \$45.00, all inclusive.

"Come to peace and a thousand around you will be saved."

- SAINT SERAPHIM, 18TH CENTURY RUSSIAN STARETZ



If we can be at peace within ourselves – mind, body, and spirit – we can begin to offer our best, whole selves in service to God and one another. This concept is at the heart of a program that will be hosted by our Saint Barnabas Community of Hope lay pastoral care ministry team and clergy advisor, Rev. Elizabeth Roles.

We will be joined for the day by Pamela Heidt, Community of Hope International (COHI) Regional Representative Coordinator, and Br. Michael Gallagher, a Benedictine monk and member of the COHI Board. The program's featured presentation will be "Benedictine Balance: A Path to Peace," offered by Br. Michael, cofounder of Holy Cross Monastery in Beaumont, Texas, a retreat leader, and a presenter on topics including spiritual direction, music, prayer, lectio divina, and Benedictine life and spirituality.

The day also will include three workshop sessions, "Mind," "Body," and "Spirit," with three workshops within each focus area from which attendees may choose. Each workshop will highlight a different means of seeking and achieving personal peace.

"Coming to Peace: Mind, Body, & Spirit" will be the kick-off event for a period of "Coming to Peace" activities at Saint Barnabas, particularly for our contemplative groups and COH ministry, made possible in part by a generous grant received by Rev. Elizabeth and our congregation through the Lilly Endowment Clergy Renewal Programs. Saint Barnabas is very proud of Rev. Elizabeth and her "Coming to Peace" grant for pastor and parish, one of only 150 such grants awarded last year. For program information and registration, please visit our church website:

saintbarnabas.org/comingtopeace

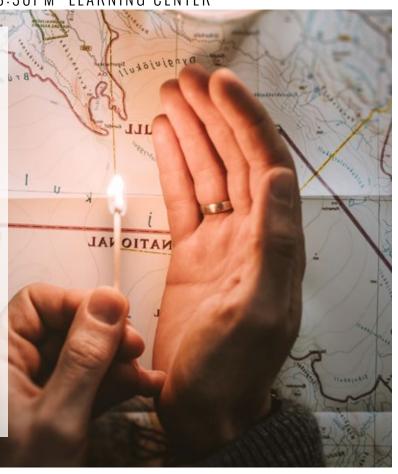
(Scholarships to offset the cost of attendance are available. Contact Rev. Elizabeth Roles at church office, (480) 948-5560.)

EPISCOPAL WAY - NEW TO THE EPISCOPAL CHURCH?

BEGINS THURSDAY, JANUARY 16, 2020, 7:15-8:30PM LEARNING CENTER

Join The Rev. Jim Clark for an adventurous journey into The Episcopal Way...of following Jesus. We'll learn how our rich Episcopal heritage, dating all the way back to the first century, gives us tried and true wisdom for following Jesus. We'll explore how our celebrated "Three-Legged Stool" of Scripture, Tradition, and Reason gives us dynamic spaciousness for finding God and our own selves. We'll learn to use our Book of Common Prayer's guidance for prayer in virtually every situation we'll encounter. We'll also provide a framework for you to go deeply into why you are an Episcopalian and what it is about this particular way of following Jesus that keeps holding your soul and bringing you back.

Learn more: saintbarnabas.org/episcopal-way
Or contact Rev. Robert at robert@saintbarnabas.org



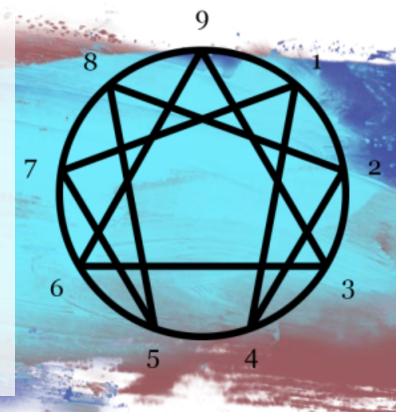
THE ENNEAGRAM | WEDNESDAY EVENINGS, JANUARY 29 - MARCH 25, 2020 (NO MEETING ON ASH WEDNESDAY) 7:00 - 8:30PM IN THE SAINT BARNABAS CHAPEL

The Enneagram is a tool for personal and spiritual growth. Its wisdom reveals the lens through which different personality types experience and interpret life. This deepens self awareness, leading to compassion, understanding, and acceptance of oneself and others. The Enneagram has both religious and secular applications. Insight gained from studying it can profoundly transform lives and relationships.

This is a video series, featuring RICHARD ROHR, OFM, teaching the Enneagram from the Christian perspective. Fr. Rohr is a renowned contemporary spiritual teacher, a prolific author, and articulate speaker.

ALL ARE WELCOME

Please Register: Contact Susan Pietzsch, susanbloomin@cox.net or call the church office.

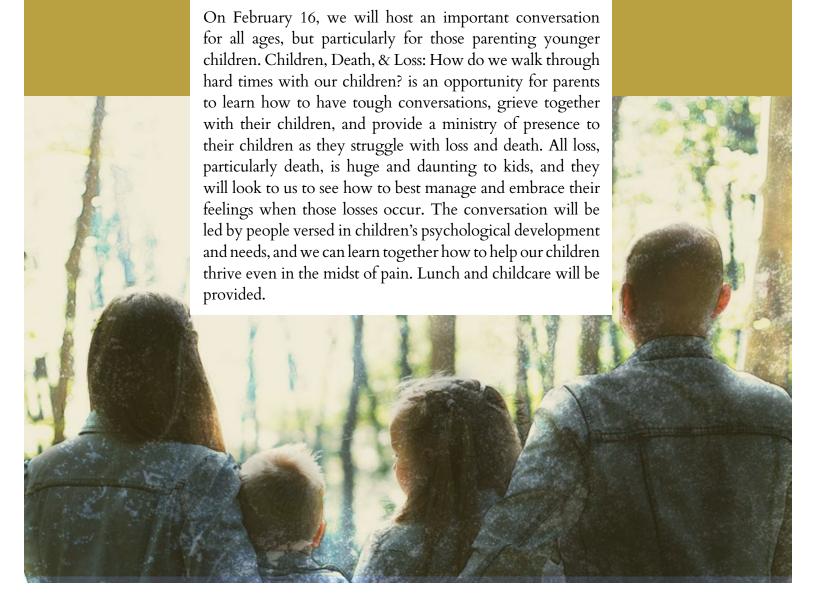


THE BARNABAS LEGACY SOCIETY SAVE THE DATE! MARCH 8, 12PM, THE OTHER CUP

Saint Barnabas is so grateful for all those who have remembered the parish in their wills or estate planning. This type of pre-planning is a gift with remarkable and far-reaching outcomes, assuring the continued growth of our mission and ministry well into the future. Perhaps you've already remembered Saint Barnabas, perhaps you're going to do some plans soon that could include Saint Barnabas in large or small ways. If so, this luncheon is for you to say thank you. Questions? Contact the chair of our planned giving committee: Lou Comus – lou2@comus.org

faithful faithful ENDING

PARENTS, SAVE THE DATE! | FEBRUARY 16, 11:45 AM, HUTTON HALL



MENTAL HEALTH TASK FORCE

HOW TO COPE WITH TRAUMA | SUNDAY, FEBRUARY 9, 11:45AM - 1PM | LIBRARY

In today's world, trauma seems to surround us, and we've had to cope with it both personally and vicariously. To help us understand trauma's impact and to give guidance in understanding and managing it, the Mental Health Task Force is offering a presentation by parishioner

Dr. Ellie Izzo, author of Second Hand Shock.

Dr. Izzo will explore trauma's effect on brain neurology and one's physical and mental health.

Please join us.

All are welcome!

QUIET DAY SATURDAY, JANUARY 11, 9:30 AM-1:00 PM

What does it mean to feel present in the moment? Our monthly Quiet Days allow space to practice prayer and meditation to help you explore the possibility of peace in your soul and a deep connection with God. The Rev. Jim Clark leads the day, which includes teaching, silent time for walking and contemplation, and sessions of communal silent prayer. The day concludes with Holy Eucharist. Please bring your Bible.

All are welcome.



SAGES THURSDAY, JANUARY 16, 11:30AM | HUTTON HALL

SAGES is a group that is open to all parishioners. Each month during the program year we meet over lunch (a \$5.00 offering is requested) and host a speaker. This month's program will feature **Joan Fudala**, Scottsdale historian, on the history of Scottsdale's faith community.

Our Yearly Celebration

SUNDAY, JANUARY 26 11:30AM | HUTTON HALL Together we will celebrate as a community and explore our exciting future as we review our 2020 budget and vote for new vestry members and diocesan convention delegates.

Join us in Hutton Hall. Childcare and lunch provided.

ANNUAL ELECTIONS | JANUARY 26, 2020 MEET OUR NOMINEES FOR VESTRY AND DIOCESAN CONVENTION

All are welcome to attend this annual celebration, conducted after the 10:15/10:21 services. As proscribed by our bylaws, the Vestry Nominating Committee, led by Chair Karen Steckler, worked to build a slate of nominations this fall. Six parishioners are nominated for Vestry and Jr. Warden positions; see their pictures and nominated roles below. Ten parishioners are nominated to serve as 2020 Diocesan Convention delegates and alternates. Nominees to attend the convention as Delegates: Barbara Hucek, Jane Gharibian, Willie Francis, John Izzo and Ellie Izzo. Nominated as alternates (voting in the event a Delegate is unable to serve): Jerry Rozak, Nancy Rozak, Hank Parker, Pat Waugh and Tom Hott. We are blessed with the dedication of these parishioners to their church. When you see these members on



campus, thank them for their service!

CANDIDATE FOR JR. WARDEN RACHEL MALONEY

Rachel Maloney is a native of Minnesota and has been a member of the welcoming community of Saint Barnabas for over five years. Some of the many career hats she has worn include scientist, retail shop owner, and real estate investor. Rachel loves traveling, adventures, and exploring the outdoors with her husband, Tim, and their three kiddos.



CANDIDATE FOR 2-YEAR TERM ON VESTRY MARIAN GREEN

Marian Green has agreed to fulfill the two-year remaining term vacated by Rachel Maloney. Marian is the married mom of two adults, a Greeter on Sunday mornings and an oft-serving volunteer overnight with our Family Promise guests. Marian has also had a 40-year career in the Logistics and Customs Brokerage industry and loves all animals and classical music- especially Mozart!

CANDIDATES FOR 3-YEAR TERM ON VESTRY



JENN NEWMAN

Jenn is a Phoenix native, an ASU alumna, a REALTOR® with The Brokery and a Professional singer. Married to Jim and Momma to Lyla (15). Originally came to Saint Barnabas in 2005 and returned in 2017 after living in New York City for 10 years. Jenn is passionate about our music, homeless and youth ministries.



SUSAN TUTTLE

Susan joined Saint Barnabas in 2010 when she moved to AZ from North Carolina to be with her now-husband, Steve, children Kyle & Lexi, and fur baby Skittles. She is a non-practicing attorney, previously a stage actress, day care teacher, executive assistant, and event planner. She is a lay chaplain in Community of Hope and serves as the program's Administrator. Susan faces a weekly challenge deciding whether to attend the 10:15, 10:21, or 6, as she enjoys them all.



JIM RECTOR

Jim, his wife, Phyllis, and three children have been members of Saint Barnabas since moving to the Valley from San Marino, California in 1988. He is an active Usher and has served as Head Usher and on the Christian Youth Education Board. Jim recently retired from a career in sales and product management in the computer and telecommunications industries.



BRUCE WILLIAMS

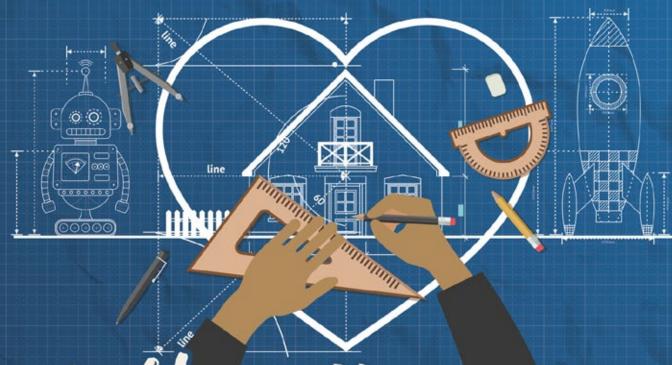
Bruce has been an active member of Saint Barnabas for over twenty years, serving as Usher, LEM, Reader, Finance and Saint Barnabas Foundation Committee member and Vestry member. Bruce and Stephania met at Vanderbilt, and they have been married for 44 years. They have two sons and two granddaughters.



SAINT BARNABAS

Summer Music + Arts Camp

UNDER



Building a House on Love

JUNE 15-19, 2020 • AGES 3 - 12

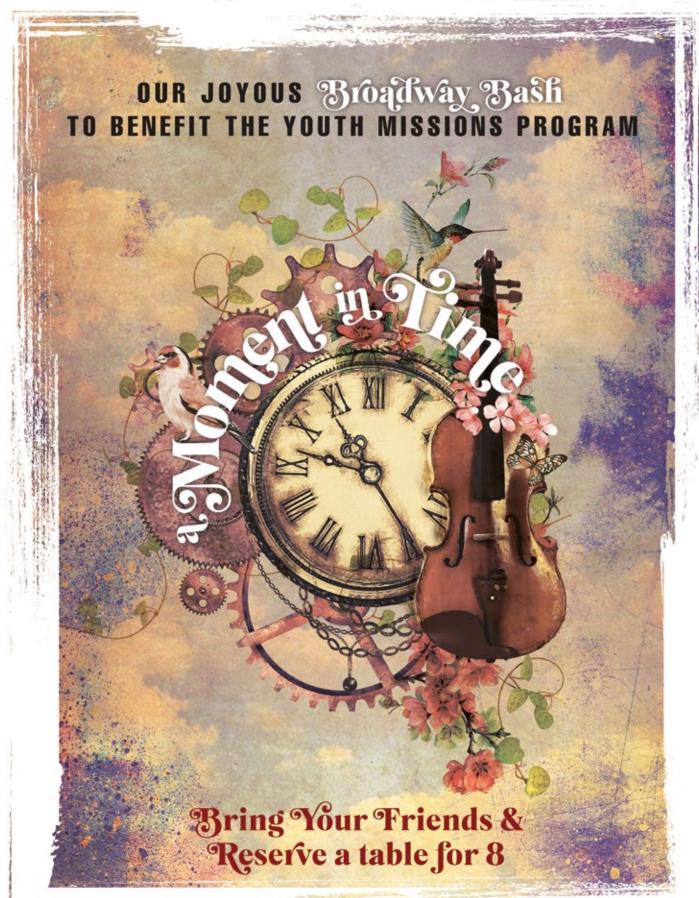
9am-1pm Includes lunch + snack extended day option 1-5pm Sportball

PRICING

Early Bird (before April 1) = \$125 Regular Price = \$150 Sibling Discount = -\$25 Extended Day Sportball = +\$110

• 6715 N Mockingbird Ln, Scottsdale, AZ 85253 • Near Indian Bend + Scottsdale Rd. •

Register: saintbarnabas.org/camp



FEBRUARY 28 AT 6:00PM FEBRUARY 29 AT 5:00PM
TICKETS \$60.00 PER PERSON AT WWW.SAINTBARNABAS.ORG/BUYTICKETS

MISSIONS

SERVING PHOENIX

SUNDAY, JANUARY 26 | MEETS IN HUTTON HALL KITCHEN

Join us as we serve the people of Phoenix with good food, compassion, connection, and courage to keep moving forward! Serving Phoenix is a mission led by our youth that all ages are invited to participate in. We meet once a month immediately following the 10:15am/10:21am services and carpool together to downtown Phoenix to serve meals, snacks, and water to men, women, and children living on the streets. No experience is necessary and guests, family, and friends are welcome to join.



Discover this vibrant, faithful ministry that serves the homeless of Phoenix every month.

For Questions contact **Kate Fimbres** at: kate@saintbarnabas.org

Or saintbarnabas.org/serving-phoenix-jan

HABITAT BUILD DAY

SATURDAY, FEBRUARY 1, 7:30AM - 1:30PM 687 W. 19TH ST., TEMPE, AZ 85281

As a part of the Episcopal Habitat Coalition in Central Arizona, Saint Barnabas supports and participates in building homes with Habitat for Humanity for families in need of adequate housing.

Homes are built in partnership with the family who will be living in the home, and as a volunteer you may get to work alongside a future homeowner who is filled with gratitude and excitement about their future. Our Spring house will be in Tempe. We will be installing trusses and fascia. We are early in the build process this time, so come on out and see how the bones of a house are assembled. Registration is required. Contact Jay Harris at jahyarris_1@yahoo.com, call 480.620.8722, or sign up on the patio at church to register by January 31.



MAKE A SANDWICH, FEED A NEIGHBOR

FEBRUARY 2-8, MORNINGS AT 7:15AM | HUTTON HALL KITCHEN



Every other month, we spend a week of mornings making sandwiches and assembling bag lunches for men who are currently residing at the East Valley Men's Center in Mesa. Some 75 men live there at a time and are transitioning out of homelessness. It's a fast, easy way to make a huge difference in the lives of men who are working hard to get out of a difficult situation. Join us!

To learn how you can get involved, contact:

Bil Zeleny: onel5969@cox.net

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JAN 1	New Year's Day – parish office closed	
JAN 2	Worship at Westminster Village	10 am
JAN 5	Campus tour	11:45 am
	Twelfth Night concert	6 pm
JAN 11	Quiet Day	9:30 am
JAN 14	MOPS + MOMSNEXT	9:30 am
JAN 16	Book Club, Paris in the Present Tense (Helprin)	9:30 am
	SAGES	11:30 am
	The Episcopal Way begins	7:15 pm
JAN 18	Order of St. Luke	10 am
JAN 19	JAM (Jesus & Me)	11:30 am
	Newcomer Lunch - Wildflower Bread Co.	12 pm
JAN 20	Martin Luther King Day – parish office closed	
JAN 23	The Episcopal Way continues	7:15 pm
JAN 26	Yearly Celebration - Annual Meeting	
	Serving Phoenix	11:30 am
JAN 28	MOPS + MOMSNEXT	9:30 am
JAN 30	The Episcopal Way continues	7:15 pm

RITES OF PASSAGE Deaths

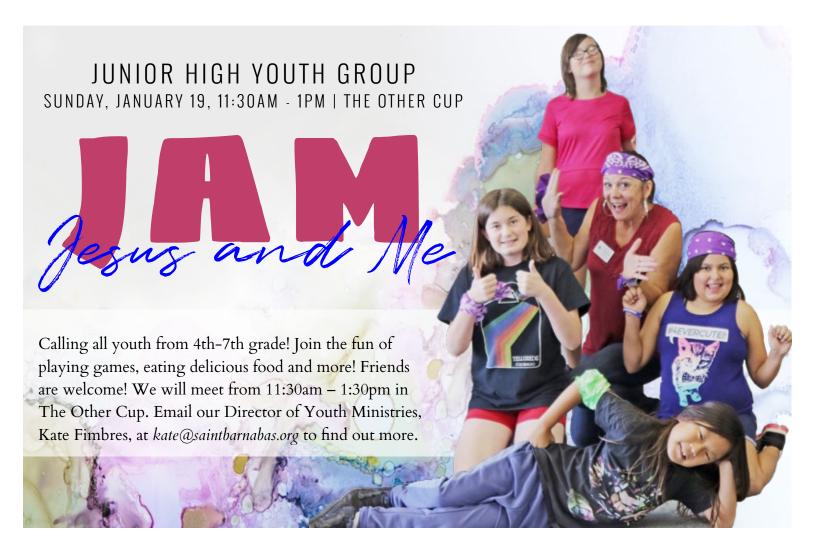
Valerie L. Bullen

John A. Gulick III

Maren B. Houghton

Ethel Sickert

Travis Sean VandenBrul



Current Resident or:

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