

SAINT BARNABAS  
EPISCOPAL CHURCH

*The Mockingbird | All-Parish Newsletter | September 2016*

*Welcome*  
SUNDAY

SEPTEMBER 11, 2016

The kick-off of our program year, Welcome Sunday is where it all begins. Children and youth resume Sunday School classes at 9:00am while adults gather in Hutton Hall for "Starting Point": a special seasonal introduction led by our Rector, Jim Clark. You won't want to miss it! All members, newcomers, and friends are encouraged to attend. Welcome Sunday is a great time to get involved in new outreach missions, meet new friends, and get started on your first steps for a new season of faith at Saint Barnabas! Join us.

- THE 10:21 SERVICE RESUMES FOR THE SEASON
- SUNDAY SCHOOL RESUMES FOR AGES 3-18
- ALL ADULTS MEET FOR "STARTING POINT" AT 9:00AM

GET STARTED ON A NEW SEASON OF FAITH!

WORSHIP WITH US! ALL ARE WELCOME  
7:45AM, 10:15AM, 10:21AM, AND 6:00PM



*Collaborative Feasts*

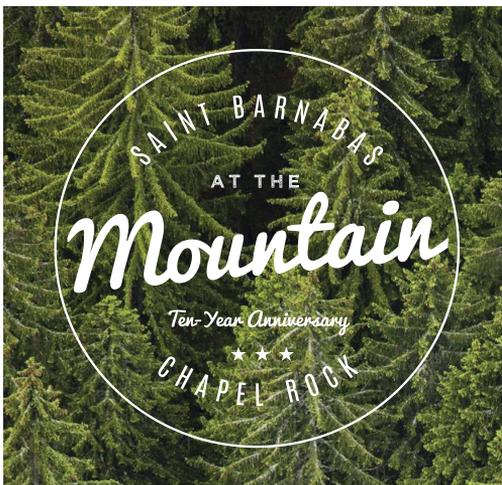
# LIVING *Generously*

SEPTEMBER & OCTOBER

Many locations and times are available for our all-parish in-home\*\* Potluck Dinners! Join the conversation as we break bread together and encourage one another in *Living Generously!*

\*\*Please note: there are two Sunday lunch options offered in Hutton Hall with food & childcare provided

Sign up now! Visit [www.saintbarnabas.org](http://www.saintbarnabas.org) or find us in Hutton Hall after church!



**Don't miss the best mini-vacation of the year!**

Looking for a relaxing, memorable, wallet-friendly retreat? Why not join us in celebrating ten years of Saint Barnabas at the Mountain? Register now for our annual retreat in Prescott, AZ, September 23-25, 2016. The whole family is invited! Register now: [www.saintbarnabas.org](http://www.saintbarnabas.org)

## Becoming an Active Member at Saint Barnabas



### **TAEHS Small Group Bible Study – September 18**

*The ART of Engaging Holy Scripture* is the foundational small group Bible study at Saint Barnabas. We will be launching new groups this fall for all new and prospective members. There will be an orientation on Sunday, September 18 at 9am and new weekly groups will begin October 2. This series will also serve as adult preparation for Confirmation or for being received into the Episcopal Church from another tradition. Most groups meet Sunday mornings at 9am; please let us know if you're interested in a different time. Email Rev. Nick Roosevelt: [nick@saintbarnabas.org](mailto:nick@saintbarnabas.org)

### **Community • Growth • Perspective • Spiritual Friendships**

#### **Welcome Dinner – September 18**

Join our Rector, Jim Clark, and ministry leaders from the parish for a fun, informative orientation to Saint Barnabas. We'll share a meal and conversation together to learn more about how worshipping, growing, serving, giving, and sharing as an active member of Saint Barnabas connects us with God and our neighbor. Begins at 5pm in Hutton Hall. Questions? Contact Rev. Nick Roosevelt: [nick@saintbarnabas.org](mailto:nick@saintbarnabas.org)

#### **The Episcopal Way – October 20 (Thursdays)**

Join Fr. Jim for a weekly series all about practice, practice, practice. We'll learn how our rich Episcopal heritage, dating all the way back to the first century (Yes! The first century; see, you've already learned something!), gives us tried and true wisdom for following Jesus. Times and locations to be announced.

#### **New Member Sunday – December 4**

New Member Sunday recognizes and celebrates your membership in the Body of Christ at Saint Barnabas. You'll be prayed over and blessed by our community. More information to come.

### **Starts September 20!**

Are you a mom of a 0-5 year-old looking for support, learning, community, encouragement, and fun? Are you also a fan of tasty treats? Join MOPS! Childcare provided. Meets on the first and third Tuesday mornings of the month from 9:30-11:30am. \$100 for the year. Scholarships are available. Email Rev. Erika von Haaren: [erika@saintbarnabas.org](mailto:erika@saintbarnabas.org)





## Stressed?!?!

Our first Mental Health Task Force meeting of this season is on Sunday, September 18. Educational psychologist Dr. Sharon Crain will present a workshop to help us explore what stress is and how we can each develop mastery over how we deal with our life stressors. Come and learn with fellow parishioners about the connections between our minds and our bodies. We will meet in the Music Center after the 10:15/10:21am services and all are welcome.

## September 2016

<b>SEP 5</b>	Labor Day - Church Office Closed	
<b>SEP 10</b>	Quiet Day	<b>9:30AM</b>
<b>SEP 11</b>	Welcome Sunday	
	Family to Family Mental Illness Support Begins	<b>1:30PM</b>
<b>SEP 12</b>	Confirmation Resumes	<b>7:00PM</b>
<b>SEP 15</b>	SAGES Senior Lunch/Program Resumes	<b>11:30AM</b>
<b>SEP 18</b>	TAEHS Small Group Bible Study Orientation	<b>9:00AM</b>
	JAM (grades 4-7) Activity	<b>11:30AM</b>
	Workshop on Stress by Dr. Sharon Crain	<b>11:45AM</b>
	Grief Circle Support Group Begins	<b>12:00PM</b>
<b>SEP 20</b>	MOPS (Mothers of Preschoolers) Begins	<b>9:30AM</b>
<b>SEP 23-25</b>	Saint Barnabas at the Mountain Retreat	
<b>OCT 2</b>	Conversations Class Begins	<b>9:00AM</b>
	Blessing of the Animals	<b>4:00PM</b>

## Vestry Nominations

The Vestry Nominations Committee will meet in October to select nominees for our 2017 elections. In January we will be electing four vestry members and ten delegates and alternates to Diocesan Convention. Are you interested in serving or do you know someone who would serve Saint Barnabas well on Vestry or as a Diocesan delegate? Nominations may be submitted to Ann Hott on or before October 1. Please contact the church office or email: [ann@saintbarnabas.org](mailto:ann@saintbarnabas.org)

Saint Barnabas bylaw requirements include: each Vestry person shall be a communicant in good standing, 21 years of age or over, canonically resident in the parish for at least one year and a pledging member in support of the parish at the time of election and during full tenure. Any Saint Barnabas communicant in good standing 18 years of age or older may petition to have his or her name included on the ballot as a nominee for the October 2017 Diocesan Convention.



## Parish Register

**Baptisms** Beckham Mark Heyde, Skylar Maria O'Connor

**Deaths** Deyonne M. Knight, Roland Daniel Ptak



## Wednesday Nights at Saint Barnabas!

Our tuition-free **Wednesday Night Music Program** is back for the season and it's not too late to participate! We meet every Wednesday evening during the school year:

### **Music Makers/Children's Choir - 5:30pm**

Children ages 3-grade 4. Includes excellent music education and choral performance opportunities. Contact Sarah Petersen: [sarahp@saintbarnabas.org](mailto:sarahp@saintbarnabas.org)

### **Handbell Choir - 5:30pm**

Our Handbell Choir for adults is now accepting new members! Contact Paul Lee for more information: [paul@saintbarnabas.org](mailto:paul@saintbarnabas.org)

### **Dinner - 6:15pm**

All are invited to join us for a simple family dinner in Hutton Hall! Suggested donation of \$5/adult, \$2/child, and \$15 max/family to cover the cost of the meal.

### **The Saint Barnabas Choir - 7:00pm**

Our parish choir for adults is now accepting new members! Contact Paul Lee for more information: [paul@saintbarnabas.org](mailto:paul@saintbarnabas.org)



## SAGES

SAGES is a group for senior adults who gather monthly for lunch and a program. We say "Senior Adults", but, of course, all are welcome! Join SAGES at 11:30am on Thursday, September 15 for lunch followed by a special hands-on presentation led by several of our Saint Barnabas members. Together we will explore labyrinths. We will learn about the history of labyrinth walking and discover how this sacred path combines prayer with movement.



## Conversations

Open to all, **Conversations** is a new offering led by a rotation of our clergy. Through brief videos and writings, we'll engage the work of some of the brightest minds in contemporary Christianity, in ecumenical relations, and in the world's religious marketplace. Then we'll open the floor for conversations. Always respectful of all vantage points, and always seeking to find Christ in the midst of it all, we'll talk together and pray together for God's world. Join us Sundays at 9am in Hutton Hall. Begins October 2!



## Save the Date!

Don't miss **The Art of the Keyboard II** on Saturday, October 15, 2016 at 4:00pm! Two pianos, two organs, and harpsichords will be played in the most unique concert you will ever attend. Features Paul Lee, Michael Salazar, Guy Whatley, and Lew Williams. Reception follows. Tickets available soon on [www.saintbarnabas.org](http://www.saintbarnabas.org)!